



# 2020 Recommendations for Preventive Pediatric Health Care

COMMITTEE ON PRACTICE AND AMBULATORY MEDICINE, BRIGHT FUTURES PERIODICITY SCHEDULE WORKGROUP

The 2020 Recommendations for Preventive Pediatric Health Care (Periodicity Schedule) have been approved by the American Academy of Pediatrics (AAP) and represents a consensus of the AAP and the Bright Futures Periodicity Schedule Workgroup. Each child and family is unique; therefore, these recommendations are designed for the care of children who are receiving competent parenting, have no manifestations of any important health problems, and are growing and developing in a satisfactory fashion. Developmental, psychosocial, and chronic disease issues for children and adolescents may require frequent counseling and treatment visits separate from preventive care visits. Additional visits also may become necessary if circumstances suggest variations from the normal.

The AAP continues to emphasize the great importance of continuity of care in comprehensive health supervision and the need to avoid fragmentation of care.<sup>1</sup>

The Periodicity Schedule will not be published in *Pediatrics*. Readers are referred to the AAP website ([www.aap.org/periodicityschedule](http://www.aap.org/periodicityschedule)) for the most recent version of the Periodicity Schedule and the full set of footnotes. This process will ensure that health care professionals have the most current recommendations. The Periodicity Schedule will be reviewed and revised annually to reflect current recommendations.

The following is the change made to the Periodicity Schedule since it was last published in March 2019.

## MATERNAL DEPRESSION

Footnote 16 has been updated to read, "Screening should occur per 'Incorporating Recognition and Management of Perinatal Depression Into Pediatric Practice' (<https://pediatrics.aappublications.org/content/143/1/e20183259>)."

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**DOI:** <https://doi.org/10.1542/peds.2020-0013>

PEDIATRICS (ISSN Numbers: Print, 0031-4005; Online, 1098-4275).

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**FINANCIAL DISCLOSURE:** The authors have indicated they have no financial relationships relevant to this article to disclose.

**FUNDING:** No external funding.

**POTENTIAL CONFLICT OF INTEREST:** The authors have indicated they have no potential conflicts of interest to disclose.

**To cite:** COMMITTEE ON PRACTICE AND AMBULATORY MEDICINE, AAP BRIGHT FUTURES PERIODICITY SCHEDULE WORKGROUP. 2020 Recommendations for Preventive Pediatric Health Care. *Pediatrics*. 2020;145(3):e20200013

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**ABBREVIATION**

AAP: American Academy of  
Pediatrics

**REFERENCES**

1. Hagan JF Jr., Shaw JS, Duncan PM, eds. *Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents*, 4th ed. Elk Grove Village, IL: American Academy of Pediatrics; 2017

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*Pediatrics* 2020;145;

DOI: 10.1542/peds.2020-0013 originally published online February 18, 2020;

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located on the World Wide Web at:

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