POLICY STATEMENT
Organizational Principles to Guide and Define the Child Health Care System and/or Improve the Health of all Children

American Academy of Pediatrics
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2016 Recommendations for Preventive Pediatric Health Care

COMMITTEE ON PRACTICE AND AMBULATORY MEDICINE and BRIGHT FUTURES PERIODICITY SCHEDULE WORKGROUP

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### Recommendations for Preventive Pediatric Health Care

The American Academy of Pediatrics (AAP) and Bright Futures have published guidelines to promote the health and well-being of children from birth to age 21. These guidelines are designed to help pediatricians and other health care providers provide comprehensive care to children and families. The recommendations are based on the best available evidence and are intended to be used as a framework for clinical decision-making. Providers are encouraged to use their professional judgment and consider individual patient circumstances when implementing these recommendations.

### Key Points
- **Infancy**: Focus on early childhood development, including immunizations, well-child visits, and nutrition guidance.
- **Early Childhood**: Continue with well-child visits and assess for developmental milestones.
- **Middle Childhood**: Focus on dental health, vision screening, and continued immunization schedules.
- **Adolescence**: Address topics like sexual health, mental health, and substance use.

### Table: Recommendations for Preventive Pediatric Health Care

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<th>Age Group</th>
<th>Recommended Services</th>
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<tr>
<td>Infancy</td>
<td>Immunizations, growth and development screening, vision and hearing screening, dental care, and prenatal care.</td>
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<tr>
<td>Early Childhood</td>
<td>Immunizations, growth and development screening, vision and hearing screening, dental care, and early intervention if indicated.</td>
</tr>
<tr>
<td>Middle Childhood</td>
<td>Immunizations, growth and development screening, vision and hearing screening, dental care, and early intervention if indicated.</td>
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<tr>
<td>Adolescence</td>
<td>Immunizations, growth and development screening, vision and hearing screening, dental care, and early intervention if indicated.</td>
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### Key Notes
- All children should receive their first dose of the pentavalent vaccine (DTaP-HepB-Hib) at 2 months of age.
- Recommended immunizations should be completed by 18 months of age.
- Vision and hearing screening should be performed by 3 years of age.

### Notes
- These guidelines are updated regularly to reflect new evidence and clinical practice.
- Providers are encouraged to use their professional judgment and consider individual patient circumstances when implementing these recommendations.

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