Patent Ductus Arteriosus and Brain Volume

Petra M.A. Lemmers, MD, PhD,a Manon J.N.L. Benders, MD, PhD,a Rita D’Ascenzo, MD, a,b Jorine Zethof,a Thomas Alderliesten, MD, a Karina J. Kersbergen, MD, PhD,a Ivana Isgum, PhD,c Linda S. de Vries, MD, PhD,a Floris Groenendaal, MD, PhD,a Frank van Bel, MD, PhD a

abstract

BACKGROUND AND OBJECTIVES: A hemodynamically significant patent ductus arteriosus (PDA) can compromise perfusion and oxygenation of the preterm brain. Reports suggest that PDA is associated with increased mortality and morbidity. We hypothesize that long-standing low cerebral oxygenation due to PDA might affect brain volume at term equivalent age.

METHODS: Observational study in 140 infants investigating the relationship between near-infrared spectroscopy–monitored cerebral oxygen saturation (rScO2) and MRI-assessed regional brain volume and maturation of the posterior limb of the internal capsule at term-equivalent age in 3 groups: those whose PDA closed with indomethacin, those who needed additional surgical closure, and matched controls.

RESULTS: The surgery group had the lowest rScO2 values before closure (n = 35), 48% ± 9.7% (mean ± SD) as compared with the indomethacin (n = 35), 59% ± 10.4 (%< .001), and control groups (n = 70), 66% ± 6.9 (%< .001); the highest postnatal age before effective treatment; and the lowest volumes of most brain regions at term-equivalent age. Multiple linear regression analysis showed a significant effect of preductal closure rScO2 on cerebellar volume in this group. No differences were found in maturation of the posterior limb of the internal capsule.

CONCLUSIONS: Long-standing suboptimal cerebral oxygenation due to a PDA may negatively influence brain growth, affecting neurodevelopmental outcome.

WHAT’S KNOWN ON THIS SUBJECT: A patent ductus arteriosus leads to lower cerebral oxygenation, a risk factor for brain damage and poor outcomes. Reduced brain volume and myelination may be important causes of neurodevelopmental disability in preterm infants.

WHAT THIS STUDY ADDS: Preterm infants who needed surgical closure had the lowest cerebral oxygenations and a trend toward lower volumes in almost all brain regions. Long-standing suboptimal cerebral oxygenation due to a patent ductus arteriosus is a risk factor for adverse neurodevelopmental outcomes.
Hemodynamically significant patent ductus arteriosus (PDA) is a common problem in preterm infants and can compromise oxygenation and perfusion of the immature brain. Several reports suggest that PDA is related to increased mortality and morbidity.\(^1\)\(^{-3}\)

Conservative management strategies of the PDA have become more prevalent, with less pharmacological closure and more supportive management. However, there is no evidence yet to support these changes in policy, and the risks of such an approach are unclear. Additionally, there is an important risk for adverse neurodevelopmental outcome in infants who eventually need surgical closure.\(^4\)\(^{-8}\) Moreover, Kabra et al\(^9\) reported neurosensory impairment after surgical closure, and others have suggested that surgical closure is related to increased risk for poor short- and long-term outcomes.\(^10\)

Additionally, Jhaveri et al\(^11\) found that a conservative approach toward ductal closure decreased rates of ductal ligation without increasing rates of complications such as bronchopulmonary dysplasia (BPD), retinopathy of prematurity, and neurologic injury. This evidence suggests that routine early treatment of PDA may not be beneficial and that (selective) delayed treatment may be an alternative.\(^12\)

Our group found that surgical ductal closure had undesirable effects on cerebral oxygenation and blood pressure.\(^13\) It might be that monitoring blood pressure, monitoring electrical brain activity with amplitude-integrated EEG, and near infrared spectroscopy (NIRS) monitoring of cerebral oxygenation may prevent or reduce these side effects of surgical closure. We also reported that PDA, even without surgical closure, had a negative effect on cerebral oxygenation and suggested that prevention of especially long-standing PDA may reduce brain damage.\(^14\)

The brain is vulnerable to multiple insults to which the premature infant is exposed because of its rapid growth during the premature period.\(^15\)\(^{-16}\) Reduced brain volume and reduced white matter anisotropy, as indicators of disturbances of maturation of the white matter, are probably important expressions of neurodevelopmental disability in premature infants.\(^17\)\(^{-19}\)

In this observational study we investigated the relationship between NIRS-monitored cerebral oxygenation with MRI-measured volumes of important brain regions at term-equivalent age (TEA) and changes in white matter anisotropy in 3 groups of infants: those whose PDA closed with indomethacin, those who needed additional surgical closure, and a matched control group of infants without PDA. We hypothesized that preterm infants with PDA and low cerebral oxygenation for a prolonged time would be prone to loss of brain tissue volume in important brain regions and reduced maturation of the white matter.

**METHODS**

**Patient Population**

As part of an observational prospective study, cerebral oxygenation and physiologic parameters (arterial oxygen saturation [\(\text{SpO}_2\)], heart rate [HR], and blood pressure) of all preterm infants, with gestational ages (GAs) <32 completed weeks and consecutively admitted to the NICU, were monitored at least for the first 72 hours of life and in case of suspected PDA. From this cohort 140 infants were selected when an MRI was performed at term and were included in this study: 35 infants with PDA whose duct closed after indomethacin, 35 infants with PDA who needed additional surgical closure, and 70 infants without clinical or echocardiographic signs of PDA who served as controls.

Control infants were individually matched with infants of 1 of the study groups. Matching criteria were GA (weeks), birth weight (±50 g), gender, year of birth, and proven sepsis between birth and MRI performance. Infants with congenital malformations were excluded. Informed parental consent was obtained for all patients. The medical ethical committee of the University Medical Center Utrecht approved the study.

**Clinical Data**

Obstetric and intrapartum data were collected from hospital records. Neonatal data were collected prospectively. Treatment decisions for PDA were made by attending neonatologists based on guidelines used in our NICU. Diagnosis of a hemodynamically significant PDA was based on clinical indices and confirmed by echocardiographic investigation (left atrial or left ventricular dilatation 1:4, internal ductal diameter >1.4 mm/kg, and left pulmonary artery end diastolic flow >0.2 m/second).

We monitored \(\text{SpO}_2\) by using pulse oximetry on a limb, and we measured arterial blood pressure with indwelling arterial catheters (umbilical, tibial, and radial artery). Blood pressure support was started as indicated by guidelines used in our NICU. A blood pressure support scoring system was used to assess intensity of blood pressure support\(^20\): in brief, score 0 = no support, score 1 = volume expansion or dopamine \(\leq 5\) \(\mu\)g/kg/minute, score 2 = dopamine \(5 \leq 10\) \(\mu\)g/kg/minute; score 3 = dopamine \(> 10\) \(\mu\)g/kg/minute or dopamine and dobutamine \(> 5\) \(\mu\)g/kg/minute, score 4 = dopamine and
We calculated rScO2 from the frontoparietal side of the head. Sensors was attached to the emitting diode and 2 distant A transducer containing a light-Adult SomaSensor (SAFB-SM). Mansfield, MA) with the Small infrared spectrometers (Covidien, used INVOS 4100/5100 near deoxygenated hemoglobin\].25 \[oxygenated hemoglobin + hemoglobin/total hemoglobin oxygenated hemoglobin (oxygenated venous-weighted percentage of differential signals obtained from detect substantial changes in oxygenation, it can be reliably quantitative estimator of cerebral monitoring of cerebral tissue oxygenation and oxygen extraction

We used the NIRS-determined regional cerebral oxygen saturation (rScO2), as part of standard clinical care, as an estimator for changes in regional cerebral oxygenation. Although rScO2 is not a robust quantitative estimator of cerebral oxygenation, it can be reliably used in individual patients to detect substantial changes in cerebral oxygenation.\]23,24 We used INVOS 4100/5100 near infrared spectrometers (Covidien, Mansfield, MA) with the Small Adult SomaSensor (SAFB-SM). A transducer containing a light-emitting diode and 2 distant sensors was attached to the frontoparietal side of the head. We calculated rScO2 from the differential signals obtained from these 2 sensors, expressed as venous-weighted percentage of oxygenated hemoglobin [oxygenated hemoglobin/total hemoglobin [oxygenated hemoglobin + deoxygenated hemoglobin]].25

MRI data acquisition

MRI was performed around TEA in all infants. Infants born from 2007 onward were scanned on a 3.0 Tesla MR system (Achieva, Philips Medical Systems, Best, Netherlands) with the 8-channel sense head coil. MRI of the brain was performed in all infants at TEA as routine clinical care. Between 2007 and June 2008, the imaging protocol contained axial three-dimensional T1-weighted and T2-weighted images (repetition time [TR] 9.4 milliseconds, echo time [TE] 4.6 milliseconds, slice thickness 2.0 mm; and TR 6293 milliseconds, TE 120 milliseconds, and slice thickness 2.0 mm, respectively). From June 2008 onward, three-dimensional T1-weighted and T2-weighted images were acquired in coronal planes (three-dimensional T1-weighted: TR 9.5 milliseconds, TE 4.6 milliseconds, slice thickness 1.2 mm and T2-weighted TR 4847 milliseconds, TE 150 milliseconds, slice thickness 1.2 mm). The diffusion tensor imaging (DTI) acquisition was a single-shot spin-echo echoplanar imaging sequence [echoplanar imaging factor 55, TR/TE 5685/70 milliseconds, field of view 180 × 146 mm, acquisition matrix 128 × 102 mm, reconstruction matrix 128 × 128 mm, 50 slices with 2-mm thickness without gap]. Images were acquired in the axial plane with diffusion gradients applied in 32 noncollinear directions with a b-value of 800 seconds/mm² and 1 non-diffusion weighted image, with a total scan time of 4.28 minutes.26Infants were sedated with oral chloral hydrate, at a maximum of 50 mg/kg, HR, SaO₂, and respiratory rate were monitored. For hearing protection, Minimuffs (Natus Medical Incorporated, San Carlos, CA) were used. A neonatologist was present throughout the examination. All MRI examinations were reevaluated by 2 experienced neonatologists.

Image processing

We used a fully automatic brain segmentation method for segmentation of 8 different brain structures; cortical gray matter (GM), basal ganglia (BG), cerebral ventricles (Vent), unmyelinated white matter (UWM), brainstem (BS), cerebellum (CB), and total brain volume (TBV) were used for statistical analysis. We used the algorithm of Anbeek et al.27 The proposed segmentation algorithm is based on supervised pixel classification. T1- and T2-weighted images provided intensity information, and voxel position (ie, x-, y-, and z-coordinates in the coordinate system of the average brain) gave spatial characteristics. Based on these features, each brain voxel was assigned to 1 of the 8 tissue classes via the k-nearest neighbors classifier. In this way, probabilistic segmentation was generated for each tissue. To obtain binary segmentations, each voxel was assigned to the tissue class with the highest posterior probability determined by using the k-nearest neighbors classifier. An example is shown in Fig 1. The Anbeek method was developed for axially acquired images. However, we tested for differences in volumes between coronal and axial acquired images in a subgroup of 5 infants scanned both coronally and axially and did not find any differences in volumes. In addition, to confirm the quality of automatically obtained segmentations, results were visually inspected. This allowed us to combine these sets into 1 cohort. TBV was defined as the volume of all brain tissue, that is, intracranial volume without the volume of the ventricles and cerebrospinal fluid. Both absolute volumes and relative percentage of each tissue class in reference to TBV were analyzed.28,30 DTI data were analyzed with the diffusion MR toolbox ExploreDTI, version 4.8.3 (http://www. ExploreDTI.com) and consisted of the following steps: (1) correction...
FIGURE 1
Probabilistic segmentations of intracranial tissues on 2 different levels and colored binary segmentations. BG, basal ganglia and thalami; CSF, cerebrospinal fluid; GM, cortical gray matter; MWM, myelinated white matter; T1, T1-weighted image; T2, T2-weighted image; vent, ventricles. Additionally, the manual segmentations (MS) are shown, used as gold standard, to show the final obtained binary segmentation (BS).
for subject motion and eddy current–induced distortions\textsuperscript{32}; (2) tensor estimation via the REKINDLE approach for outlier detection,\textsuperscript{33} with iteratively reweighted linear least squares estimation after identification and removal of data outliers; and (3) automated atlas-based analysis with the neonatal atlas developed in by Oishi et al.\textsuperscript{34}

The simultaneously collected data were stored on a personal computer for offline analysis (sample frequency 1 Hz) (software: Poly 5, Inspektor Research Systems, Amsterdam, Netherlands). The arterial hemoglobin concentration was measured daily or more frequently if indicated. Blood gases were measured just before, during, and immediately after the surgical procedure and then every 4 hours up to 24 hours after surgery, or more frequently if necessary. Cranial ultrasound was performed before and repeated within 24 hours after surgery (or more frequently where appropriate).

To reduce the data to manageable proportions and to be able to make comparisons over time, a 30-minute period of monitored data was selected and averaged for r$S_{co_2}$, Sa$O_2$, mean arterial blood pressure (MABP), and HR for infants whose PDA closed with indomethacin just before the start of indomethacin and, in case of surgery, just before the start of the surgical procedure. Because no long-standing NIRS data (>72 hours after birth) of control infants were available, measurements were chosen on day 3 after birth during a hemodynamically stable time.

Statistical Analysis

Data are summarized as mean values ± SD, as median values and ranges, or as count and percentage where appropriate. Differences between clinical characteristics, r$S_{co_2}$, Sa$O_2$, MABP, and HR between groups were evaluated as appropriate by Pearson $\chi^2$ test, Mann–Whitney test, or analysis of variance. Adjustments for multiple comparisons were made by a Bonferroni test.

Multivariable linear regression (MLR) analyses were then used to investigate the relationship between respective volumes of interest of MRI-measured brain regions or diffusivity values of the PLIC on the one hand and r$S_{co_2}$ postmenstrual age (PMA) at MRI (important variable influencing the volumes and diffusivity measures of the measured brain regions) and 2 conditions that may have a negative effect on brain growth on the other hand (PIVH grade [mild or moderate to severe PIVH] and severe BPD, defined as BPD necessitating treatment with corticosteroids).

MLR models were then constructed with GM, BG, Vent, UWM, BS, CB volumes, and TBV as the respective dependent variables and r$S_{co_2}$, PMA at MRI, PIVH grading (none, mild, or moderate to severe), and severe BPD (yes/no) as independent variables. Results were presented as coefficients of the independent variables with 95% confidence intervals (CIs). The final model was reduced to include only significant variables at the .05 level.

A $P \leq .05$ was considered statistically significant. For statistical analysis, SPSS version 20.0 (IBM SPSS Statistics, IBM Corporation) was used.

RESULTS

Clinical Characteristics

Clinical data for the 3 groups are shown in Table 1. Gender, GA, birth weight, Apgar scores, and occurrence of proven sepsis did not differ between the groups. Hemoglobin concentrations were always stable, in the normal range, and not different between groups, as were arterial blood gases and $PC_{O_2}$ values (data not shown).

Days on artificial ventilation were significantly different between the groups, highest in surgery and lowest in controls ($P < .05$). Also, the incidence of corticosteroid treatment was higher in indomethacin ($P < .05$) and surgery ($P < .05$) groups than in the control group.
Patterns of rScO2, SaO2, MABP, and HR Before Ductal Closure

Figure 2 shows the rScO2 values of the groups. The preclosure values of rScO2 were lowest in the surgery group as compared with indomethacin group (mean ± SD, 48% ± 9.7% and 59% ± 10.4%; mean difference, −10; 95% CI, −15.7 to −5.7; P < .001) and controls (mean ± SD, 48% ± 9.7% and 66% ± 6.9%; mean difference, −18; 95% CI, −22.8 to −13.4; P < .001). Also, rScO2 values of the indomethacin group were lower compared with controls (mean ± SD, 59% ± 10.4% and 66% ± 6.9%; mean difference, −7; 95% CI, −11.3 to −2.6; P < .001). Figure 3 shows the relationship between preductal closure values of the individual rScO2 of indomethacin and surgery groups as function of postnatal age, revealing that lowest rScO2 values were detected during advanced postnatal age, during a long-standing PDA (r = 0.50, P < .05). The postnatal age at ductal closure (median [range]) was 6 (3–21) and 9 (3–32) days after indomethacin and surgical closure, respectively.

Table 2 summarizes SaO2, HR, and MABP (mean ± SD) of the groups before ductal closure. Although MABP and HR were different in the indomethacin and surgery groups, respectively, as compared with controls (34 ± 5 mm Hg vs 39 ± 8 mm Hg, P < .05 and 161 ± 18 beats per minute vs 153 ± 9 beats per minute, P < .05), they were not considered to be clinically relevant.

MRI-Measured Volumes of Selected Brain Regions and Diffusivity Values of Left/Right PLIC in Control, Indomethacin, and Surgery Groups and Their Relationship With rScO2

Table 3 summarizes MRI-measured volumes of 7 brain regions and diffusivity values of left and right PLIC of the groups. Although no significant differences were detected between groups, the surgery group had consistently the lowest volumes in brain regions as compared with indomethacin and control groups.

Diffusivity values between groups did not differ and no relation was detected between diffusivity values and rScO2.
MLR Analyses Between Regional Brain Volumes and rScO₂, PMA at MRI, PIVH Grade, and Severity of BPD

MLR analysis revealed only a significant effect of the preductal closure value of rScO₂ on cerebellar volume of the surgery group (coefficient rScO₂ < 0.20 mL CB volume per % of rScO₂). No additional relationships between the respective investigated regional brain volumes and rScO₂, PMA, PIVH grade, or severity of BPD were found in any infant group.

DISCUSSION

The results of our study showed that infants whose PDA had to be closed surgically had the lowest cerebral oxygenation before closure, often near or within pathologic ranges (rScO₂ < 40%) reported to be related to brain damage if persisting for a prolonged period of time.37–39 Although infants of the surgery group showed the lowest volumes in most brain regions, volumes were not significantly different between the 3 groups. This is in disagreement with our hypothesis and with Padilla et al., who reported a significant reduction in MRI-measured global and regional brain volumes, especially cerebellar growth. Impairment of cerebellar growth associated with PDA was reported earlier, although differences in population and methods may hamper reliable comparison between the studies.41,42

Despite our inclusive results, we suggest that long-standing suboptimal oxygenation of the brain may negatively influence the growth of vulnerable brain regions such as the CB. This suggestion is also supported by results of the MLR analysis showing a relationship between cerebellar volume and preductal closure values of rScO₂ in the surgery group.

How can we explain the lack of difference in regional volumes in the surgery group as compared with the control and indomethacin groups, as opposed to earlier studies?40–42 We postulate that the amount of time elapsed between the diagnosis of PDA and actual surgical closure may have played a role here. In our institution we aim to close the duct early: When a PDA is clinically diagnosed and confirmed by echocardiographic investigation, noninvasive closure is always initiated. If not responding to medical treatment, the duct will subsequently be closed surgically. This procedure is different from current practice in several centers, which postpone medical or surgical treatment. This tendency to postpone medical or surgical ductal closure post–12 and thus accept a longer episode of suboptimal cerebral oxygenation may be a reason for the reported negative effects of PDA on brain growth.40–42 As stated earlier, the result of the MLR analysis, showing a relationship between cerebellar volume and cerebral oxygenation in the surgery group, which had the highest postnatal age and lowest cerebral oxygenation (see also Fig 3), may substantiate this assumption. Thus, our active approach to a hemodynamically significant PDA may have largely prevented negative effects of suboptimal oxygenation on the immature brain13 and in particular on the CB.44,45

Nonetheless, we cannot exclude the possibility that the surgical procedure itself may have compromised brain development,46 because it is reported that opiates used for anesthesia increased supraspinal apoptosis in distinct anatomic regions of the brain, as has been shown in neonatal rats.47 Additional research is warranted to explore this possibility.

Our study has an important limitation. We tried to match infants with PDA with non-PDA controls as closely as possible. However, the infants in the surgical group were also the sicker ones, as indicated by a higher incidence of corticosteroid treatment. Earlier studies showed that the corticosteroid dexamethasone, used mostly to prevent BPD, has a negative effect on brain growth and especially on cerebellar growth.48 However, we did not find an independent effect of corticosteroid-treated BPD on the volume of any brain region. An explanation may be that in our institution hydrocortisone is used instead of dexamethasone. Recent studies showed that hydrocortisone did not negatively influence the

### TABLE 3 MRI-Measured Volumes (mean ± SD) of Important Brain Regions (mL) and Diffusivity Values of Left and Right PLIC of the 3 Study Groups at TEA

<table>
<thead>
<tr>
<th>Region</th>
<th>Controls</th>
<th>Indomethacin</th>
<th>Surgery</th>
</tr>
</thead>
<tbody>
<tr>
<td>CB</td>
<td>28.7 ± 4.2</td>
<td>28.2 ± 3.8</td>
<td>27.1 ± 4.4</td>
</tr>
<tr>
<td>BS</td>
<td>5.6 ± 0.9</td>
<td>5.7 ± 0.8</td>
<td>5.5 ± 0.9</td>
</tr>
<tr>
<td>BG</td>
<td>22.6 ± 3.5</td>
<td>22.3 ± 2.1</td>
<td>22.0 ± 3.2</td>
</tr>
<tr>
<td>Vent</td>
<td>9.0 ± 4.3</td>
<td>8.5 ± 5.4</td>
<td>10.0 ± 5.1</td>
</tr>
<tr>
<td>UWM</td>
<td>153.0 ± 17.4</td>
<td>150.1 ± 14.1</td>
<td>149.1 ± 22.5</td>
</tr>
<tr>
<td>GM</td>
<td>154.1 ± 24.3</td>
<td>147.9 ± 19.0</td>
<td>149.2 ± 22.6</td>
</tr>
<tr>
<td>TSV</td>
<td>369.4 ± 41.0</td>
<td>358.7 ± 29.8</td>
<td>365.2 ± 41.3</td>
</tr>
</tbody>
</table>

AD, axial diffusivity; FA, fractional anisotropy; MD, mean diffusivity; RD, radial diffusivity.
volumes of important brain regions, as investigated by MRI, compared with non-steroid-treated matched preterm infants.28

The question of whether infants with PDA and especially those who need surgical closure are at risk for suboptimal development of the immature brain is not fully answered by the results of our study. However, our findings indicate that not only the surgery and anesthesia procedures but also presurgical long-standing hypoxia may play a role with respect to a less favorable neurodevelopmental outcome of infants with surgically closed ducts, as has been reported in other studies.5,29 We therefore suggest that the preferred treatment for PDA unresponsive to pharmacological treatment should be surgical closure to avoid long-standing periods of low cerebral saturations. We also suggest performing surgical procedures under close monitoring of blood pressure, cerebral oxygenation, and electrical brain activity to ensure optimal conditions during surgery.13 It remains to be proven whether this approach can avoid additional brain damage. A recent randomized controlled multicenter study (SafeboosC II) showed a significant reduction in burden of cerebral hypoxia due to monitoring with NIRS, compared with controls treated under predefined clinical guidelines.45 Alternatively, one can decide to delay ductal closure under cerebral oxygenation monitoring. If cerebral oxygenation is not compromised, spontaneous ductal closure can then be awaited.

CONCLUSIONS

We found that infants with surgical PDA closure had lowest (often long-standing) cerebral oxygen saturations before ductal closure and a tendency for lower volumes of important brain regions at TEA. Moreover, a relationship was detected between cerebellar volume and rScO2. Additional research is warranted to explore whether an expectant policy toward ductal closure, the current practice in several institutions, may lead to extended episodes of suboptimal cerebral oxygenation, which may explain the lower brain volumes reported in other studies.

ABBREVIATIONS

BG: basal ganglia
BPD: bronchopulmonary dysplasia
BS: brainstem
CB: cerebellum
CI: confidence interval
DTI: diffusion tensor imaging
GA: gestational age
GM: gray matter
HR: heart rate
MABP: mean arterial blood pressure
MLR: multivariable linear regression
NIRS: near infrared spectroscopy
PDA: patent ductus arteriosus
PIVH: periventricular–intraventricular hemorrhage
PLIC: posterior limb of the internal capsule
PMA: postmenstrual age
rScO2: regional cerebral oxygen saturation
SaO2: arterial oxygen saturation
TBV: total brain volume
TE: echo time
TEA: term-equivalent age
TR: repetition time
UWM: unmyelinated white matter
Vent: lateral ventricles

REFERENCES


