Single *ABCA3* Mutations Increase Risk for Neonatal Respiratory Distress Syndrome

**AUTHORS:** Jennifer A. Wambach, MD, a Daniel J. Wegner, MS, a Kelsey DePass, BA, a Hillary Heins, BS, b Todd E. Druley, MD, PhD, a,b Robi D. Mitra, PhD, a Ping An, MD, b Qunyuan Zhang, PhD, a Lawrence M. Nogee, MD, a F. Sessions Cole, MD, a and Aaron Hamvas, MD a

Division of Newborn Medicine, a Division of Hematology and Oncology, b the Edward Mallinckrodt Department of Pediatrics, c Center for Genome Sciences and Systems Biology, Department of Genetics, d Division of Statistical Genomics, Washington University School of Medicine, St Louis, Missouri; and e Division of Neonatal–Perinatal Medicine, Department of Pediatrics, Johns Hopkins University School of Medicine, Baltimore, Maryland

**FINANCIAL DISCLOSURE:** Dr Mitra served on the advisory board. Dr Mitra has intellectual property related to newborn health and the diagnosis and management of pulmonary surfactant deficiency is heritable, but common variants do not fully explain disease heritability.

**WHAT THIS STUDY ADDS:** Single *ABCA3* mutations are overrepresented among European-descent infants with RDS. Although *ABCA3* mutations are individually rare, they are collectively common in the European- and African-descent general population, present in ∼4% of individuals.

**KEY WORDS**
genetic association studies, neonatal respiratory distress syndrome, newborn, respiratory distress syndrome

**ABBREVIATIONS**
ESP—Exome Sequencing Project
RDS—respiratory distress syndrome
SIFT—Sorting Intolerant From Intolerant
SPLINTER—short indel prediction by large deviation inference and nonlinear true frequency estimation by recursion

**BACKGROUND AND OBJECTIVE:** Neonatal respiratory distress syndrome (RDS) due to pulmonary surfactant deficiency is heritable, but common variants do not fully explain disease heritability.

**METHODS:** Using next-generation, pooled sequencing of race-stratified DNA samples from infants ≥34 weeks’ gestation with and without RDS (n = 515) and from a Missouri population-based cohort (n = 1066), we scanned all exons of 5 surfactant-associated genes and used in silico algorithms to identify functional mutations. We validated each mutation with an independent genotyping platform and compared race-stratified, collapsed frequencies of rare mutations by gene to investigate disease associations and estimate attributable risk.

**RESULTS:** Single *ABCA3* mutations were overrepresented among European-descent RDS infants (14.3% of RDS vs 3.7% of non-RDS; P = .002) but were not statistically overrepresented among African-descent RDS infants (4.5% of RDS vs 1.5% of non-RDS; P = .23). In the Missouri population-based cohort, 3.6% of European-descent and 1.5% of African-descent infants carried a single *ABCA3* mutation. We found no mutations among the RDS infants and no evidence of contribution to population-based disease burden for *SFTPC*, *CHPT1*, *LPCAT1*, or *PCYT1B*.

**CONCLUSIONS:** In contrast to lethal neonatal RDS resulting from homozygous or compound heterozygous *ABCA3* mutations, single *ABCA3* mutations are overrepresented among European-descent infants ≥34 weeks’ gestation with RDS and account for ∼10.9% of the attributable risk among term and late preterm infants. Although *ABCA3* mutations are individually rare, they are collectively common among European- and African-descent individuals in the general population. *Pediatrics* 2012;130:e1575–e1582
Neonatal respiratory distress syndrome (RDS) is the most common respiratory cause of mortality and morbidity among infants aged <1 year in the United States. RDS is usually attributed to a developmentally regulated deficiency of pulmonary surfactant, a phospholipid-protein complex that is synthesized, packaged, and secreted by alveolar type 2 cells that lowers surface tension and maintains alveolar expansion at end expiration. However, disease heritability demonstrated in twin studies (~0.29–0.67) suggests that genetic mechanisms also contribute to the risk for neonatal RDS. Previous studies investigating the genetic contribution to the risk for neonatal RDS demonstrated modest statistical associations with common variants in surfactant-associated candidate genes.7,8 However, these studies were limited by small sample sizes, phenotypic heterogeneity, and genotyping of common variants that are more likely to have smaller effect sizes. Studies in other complex diseases suggest that rare, deleterious, highly penetrant variants at multiple gene loci may account for disease heritability. Disruption of fetal-pulmonary surfactant function, and deletions in surfactant-associated genes contribute to the risk for neonatal RDS. Based on previously recognized associations with severe neonatal RDS and/or critical roles in pulmonary surfactant metabolism, 5 genes were selected: surfactant protein C (SFTPC, NM_003018.3, Gene ID 6440), ABCA3 (NM_001089.2, Gene ID 21), cholinephosphotransferase (CHPT1, NM_020244.2, Gene ID 56994), lysophospholipid acyltransferase (LPCAT1, NM_024830.3, Gene ID 79888), and choline-phosphate cytidylyltransferase (PCYT1B, NM_004845.4, Gene ID 9468). We performed complete exonic resequencing and independent validation to test the hypothesis that excess, rare mutations in these 5 genes increase the risk for neonatal RDS.

METHODS

Patient Selection

Disease-Based Cohorts: Infants With and Without RDS

To reduce the contribution of developmental immaturity and enrich for genetic causes of surfactant deficiency, consecutive newborn infants ≥34 weeks’ gestation of European and African descent (maternally designated) with and without RDS were recruited from the nursery at Washington University Medical Center referred for evaluation of severe RDS (eg, prolonged need for ventilatory support and oxygen supplementation) to serve as a replication cohort (Supplemental Table 5). Informed consent was obtained from parents or legal guardians of all participating infants.

Population-Based Cohort

Anonymized, unselected Guthrie cards were obtained from the Missouri Department of Health and Senior Services Newborn Screening Program (year 2000) with a racial composition that reflected the Missouri birth cohort in 2000 (Table 2). The Washington University School of Medicine Human Research Protection Office and the Missouri Department of Health and Senior Services approved this study.

Gene Selection

SFTPC and ABCA3 were selected because rare mutations in both genes cause severe neonatal RDS. We selected 3 genes encoding key enzymes...
in the surfactant phosphatidylcholine synthetic pathway: PCYT1B encodes the rate-limiting enzyme in phosphatidylcholine synthesis in fetal lung, CHPT1 encodes the final enzyme of the phosphatidylcholine synthetic pathway, and LPCAT1 encodes the enzyme that rearranges acyl groups to form dipalmitoylphosphatidylcholine, the major phospholipid component of pulmonary surfactant. LPCAT1 has also been associated with neonatal RDS in a hypomorphic murine model.17

DNA Isolation and Pool Preparation

**Disease-Based Cohort**

DNA was isolated from blood by using Puregene DNA isolation kits (Qiagen, Valencia, CA).14 Equimolar amounts from each individual were combined into 4 race-stratified pools: African-descent RDS (n = 44) or non-RDS (n = 196) and European-descent RDS (n = 112) or non-RDS (n = 161).

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>European Descent</th>
<th>P Value</th>
<th>African Descent</th>
<th>P Value</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>RDS (n = 112)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gender</td>
<td>Non-RDS (n = 161)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Female</td>
<td>0.42</td>
<td>0.46</td>
<td>0.23</td>
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<tr>
<td>Male</td>
<td>0.58</td>
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</tr>
<tr>
<td>Gestational age, mean ± SD, wk</td>
<td>0.01</td>
<td>0.01</td>
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<td></td>
</tr>
<tr>
<td>Birth weight, mean ± SD, kg</td>
<td>0.46</td>
<td>0.46</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Route of delivery</td>
<td>0.54</td>
<td>0.54</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Vaginal</td>
<td>0.49</td>
<td>0.45</td>
<td>0.54</td>
<td>0.48</td>
</tr>
<tr>
<td>Cesarean</td>
<td>0.51</td>
<td>0.55</td>
<td>0.66</td>
<td>0.52</td>
</tr>
</tbody>
</table>

* Number of infants (percent).

**Population-Based Cohort**

DNA was extracted from Guthrie cards as previously described.11,16 We combined equimolar amounts of DNA from each bloodspot into 5 race-stratified pools of similar size.

**Next-Generation Sequencing**

Using a next-generation sequencing platform (Illumina, Inc, San Diego, CA), we sequenced all exons and flanking regions (~50 base pairs) of the 5 genes.15 (Supplemental Table 6) To optimize selection of significance thresholds for detection of rare variants in each sequencing run, we added a 1934 base pair oligonucleotide with no variation and a 335 base pair oligonucleotide containing 15 known insertions, deletions, and substitutions at a frequency of <1 allele per pool (Supplemental Methods).18

The computational algorithm SPLINTER (short indel prediction by large deviation inference and nonlinear true frequency estimation by recursion)18 was used to detect rare variants. We conservatively defined variants as mutations if they resulted in an amino acid change that was predicted by both SIFT (Sorting Intolerant from Tolerant)19 and PolyPhen20 to disrupt protein function or if the variant was previously associated with childhood respiratory disease. Each mutation was confirmed with an independent genotyping strategy (Sequenom, TaqMan, or Sanger resequencing) and linked to its individual sample (Supplemental Tables 7–10).

**Statistical Methods**

Race-stratified, gene-specific, collapsed frequencies of mutations in RDS and non-RDS infants were compared by using χ2 tests and Fisher’s exact probability tests.10 Because it is unlikely that an individual carries >1 rare mutation at a single gene locus, the number of mutations in a single gene can be collapsed for statistical purposes and compared by using a univariate test.10 Logistic regression was used to determine if rare mutations increase the risk for RDS or have gestational age–specific effects. Fisher’s exact tests and Student’s t tests were used to compare demographic characteristics and disease severity measures between groups. We corrected for multiple comparisons by using the Bonferroni method; the statistical significance level after Bonferroni correction was P = .005 (0.05/10, with 10 being the number of total comparisons for 5 genes and 2 racial groups). Because RDS incidence among infants ≥34 weeks’ gestation is rare (<0.025),13 attributable risk (AR) was calculated by using the formula:

\[
AR = \frac{n_0 n_1 - n_0 n_1}{mn_0 n_1}
\]

where n0 and n1 are the numbers of unexposed and exposed cases, m0 and m1 are the numbers of unexposed and exposed controls, and n = n0 + n1.21 SAS version 9.2 (SAS Institute, Inc, Cary, NC) was used for all statistical analyses.

**RESULTS**

**Next-Generation Sequencing**

Inclusion of negative and positive controls for run-specific error models permitted us to achieve high sensitivity (0.99) and specificity (0.99) for detection of rare variants within each pool. We sequenced ~37 kb per individual with a mean coverage of 82× in the
Disease-Based Cohort

European-Descent Infants

Single mutations in ABCA3 were over-represented among European-descent infants with neonatal RDS: 14.3% of RDS infants carried a single ABCA3 mutation compared with 3.7% of non-RDS infants ($P = .002$) (Table 3). Two mutations previously associated with respiratory disease in newborns and children, p.R288K (c.863G>T) and p.E292V (c.875A>T), accounted for 13 of the 16 mutated alleles among RDS infants. Because our sequencing strategy also included exon-flanking regions, we identified 1 RDS infant with an intronic mutation (c.3863-98 C>T) that results in an insertion of 50 amino acids and has been identified in children with lethal RDS. No infant had 2 ABCA3 mutations, and no mutations in SFTPC, CHPT1, LPCAT1, or PCYT1B were detected among any European-descent infants in the disease-based cohort.

Logistic regression models were used that included gestational age, gender, and mode of delivery, 3 covariates known to be associated with risk for RDS. We found that single ABCA3 mutations independently predicted risk for RDS among European-descent infants (odds ratio: 5.7 [95% confidence interval: 2.0–16.1]). Although gestational age was also an independent predictor of RDS ($P < .001$), further modeling did not detect a statistically significant interaction between presence of an ABCA3 mutation and gestational age ($P = .43$). Although the European-descent RDS infants had a lower mean gestational age than non-RDS infants (Table 1), there was no statistical difference in mean gestational age or birth weight for European-descent infants with or without ABCA3 mutations, thereby suggesting that ABCA3 mutations are associated with RDS rather than...
prematurity (Supplemental Table 11). In addition, no differences were found in measures of disease severity between European-descent RDS infants with and without an ABCA3 mutation, including duration of need for mechanical ventilation or supplemental oxygen, pneumothorax, need for extracorporeal membrane oxygenation, need for home oxygen, or death (Supplemental Table 12).

The estimated attributable risk of RDS associated with single ABCA3 mutations was 10.9% (95% confidence interval: 3.8–17.2) among European-descent infants ≥34 weeks’ gestation.

**African-Descent Infants**

The demographic characteristics of the Missouri population, the lower risk of RDS among African-descent infants, and our consecutive enrollment strategy limited access to a cohort of similar size as the European-descent cohort. There was no statistically significant over-representation of ABCA3 mutations among African-descent infants with RDS (4.5% of RDS infants vs 1.5% of non-RDS infants; P = .25) (Table 4); however, post-hoc analysis revealed our cohort was significantly underpowered (20% power, α = .05) to detect a difference. With 1 exception (c.4420C>T, p. R1474W), the ABCA3 mutations were unique to the African-descent disease-based infants (Tables 3 and 4). No mutations were detected in the remaining 4 genes among the African-descent disease-based infants.

**Referred Infant Samples**

We found that infants with single ABCA3 mutations were overrepresented among the European-descent (11 of 40 [27.5%]) and African-descent (1 of 8 [12.5%]) infants referred from other institutions (Supplemental Table 13). Only 1 of these infants was compound heterozygous for ABCA3 mutations (p.E292V/p.P933L) and therefore had ABCA3 deficiency. These data further support the observations from our cohort of infants with and without RDS.

**Population-Based Cohort**

The collapsed frequencies of ABCA3 mutations in the population-based and non-RDS cohorts were similar for both European-descent (3.6% vs 3.7%) and African-descent (1.5% [both]) infants (Tables 3 and 4). No infant in the population-based cohort had 2 ABCA3 mutations. To compare our ABCA3 mutation frequencies with an independent cohort, we used the same mutation selection strategy to interrogate the Exome Variant Server (National Heart, Lung, and Blood Institute Exome Sequencing Project [ESP]), a database of >5400 individuals from up to 18 different US populations who participated in longitudinal cardiovascular- and pulmonary-related research. The collapsed carrier frequencies of ABCA3 mutations in both the ESP European-descent population and the African-descent population were similar to the Missouri cohort (European descent: 5.0% vs 3.6%, respectively [P = .07]; African descent: 3.9% vs 1.5%, respectively [P = .10]). The ESP database confirmed the very low frequencies of mutations in the other 4 surfactant-associated genes.

**TABLE 4 Rare Mutations Identified Among Infants of African Descent**

<table>
<thead>
<tr>
<th>Gene</th>
<th>Mutations</th>
<th>RDS (n = 44)</th>
<th>Non-RDS (n = 196)</th>
<th>Missouri Population (n = 195)</th>
<th>ESP (n = 1888)</th>
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<tr>
<td>ABCA3</td>
<td>R20W</td>
<td>2</td>
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<tr>
<td></td>
<td>V129M</td>
<td>12</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>F245L</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>R280C</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>R280H</td>
<td>2</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>R288K</td>
<td>7 (0.4%)a</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>E292V</td>
<td>4 (0.2%)a</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>F353L</td>
<td>3</td>
<td></td>
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<td></td>
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<tr>
<td></td>
<td>N555S</td>
<td>5</td>
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<tr>
<td></td>
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<td></td>
<td>T574I</td>
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<td>2</td>
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<td>G793A</td>
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<td></td>
<td>F1164V</td>
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<td></td>
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<tr>
<td></td>
<td>R1474W</td>
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<td>1</td>
<td></td>
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<tr>
<td></td>
<td>A1660V</td>
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<tr>
<td>Infants with variant</td>
<td>2 (4.5%)a</td>
<td>3 (1.5%)a</td>
<td>3 (1.5%)a</td>
<td>72 (3.9%)a</td>
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<tr>
<td>SFTPC</td>
<td>R55C</td>
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<td></td>
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<tr>
<td></td>
<td>V59M</td>
<td>1</td>
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<td></td>
<td>G57S</td>
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<td></td>
<td>R81C</td>
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<td>SFTPC allele (carrier) frequency</td>
<td>4 (0.2%)a</td>
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<tr>
<td>CHPT1</td>
<td>G70R</td>
<td>2</td>
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<td></td>
<td>T87M</td>
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<td>G115A</td>
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<td>Y365H</td>
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<td>CHPT1 allele (carrier) frequency</td>
<td>7 (0.4%)a</td>
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<tr>
<td>LPCAT1</td>
<td>A194W</td>
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<td></td>
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<tr>
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<td>L255Q</td>
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<td>D3329H</td>
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<tr>
<td></td>
<td>R526W</td>
<td>1</td>
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<tr>
<td>LPCAT1 allele (carrier) frequency</td>
<td>10 (0.5%)a</td>
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<tr>
<td>PCYT1B</td>
<td>G199D</td>
<td>1 (0.05%)a</td>
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</table>

Identified mutations are predicted to be damaging according to both SIFT and PolyPhen (accessed March 2012) or previous association with pediatric respiratory disease. Blank boxes indicate the mutations were not observed in that specific cohort.

*a* Number (carrier frequency).
DISCUSSION

ABCA3 mediates uptake of choline phospholipids and is required for lamellar body biogenesis. Studies in surrogate cell systems suggest that ABCA3 mutations impair surfactant metabolism by altering intracellular trafficking or folding of the ABCA3 protein or impairing ATP hydrolysis. Similar to other misfolded proteins, mutations in ABCA3 can also induce endoplasmic reticulum stress and apoptosis. Our results suggest that term and late preterm European-descent infants with single ABCA3 mutations are at increased risk for non-lethal RDS. By selecting more mature (≥34 weeks’ gestation) infants who are less likely to suffer from developmental pulmonary immaturity, our cohort was enriched for infants with genetic causes of surfactant deficiency. In affected infants, single ABCA3 mutations may act independently or interact with other variants in key ABCA3 regulatory elements (promoter; introns, untranslated regions, synonymous variants, and large insertions or deletions) not covered by our sequencing or variant selection strategy, in other genes, or other epigenetic, environmental, or developmental factors. Because ABCA3 expression is developmentally regulated, a single mutation coupled with developmental immaturity could reduce ABCA3 expression below a functional threshold that results in RDS. This speculation is supported by our referred group of infants and reports of premature infants with a single ABCA3 mutation with more severe disease than anticipated for gestational age. Similarly, individuals heterozygous for mutations in another ABC transporter ABCG7, the cystic fibrosis transmembrane regulator, are at increased risk for chronic pancreatitis and rhinosinusitis, suggesting that even single alleles, typically expressed in a recessive fashion, may contribute to disease susceptibility.

The very low frequencies of mutations in SFTPB, SFTPC, PCYT1B, CHT1, and LPCAT1 suggest significant negative selection pressure and nonredundant, critical functions for these proteins. The relatively common frequency of mutations in ABCA3 may reflect an unidentified, selective mutation advantage similar to the cystic fibrosis transmembrane regulator in which mutations may protect from bovine-transmitted infections or expression of molecules with redundant function (eg, ABCA12). The similarity of the population-based and non-RDS ABCA3 mutation frequencies suggests that these 2 groups share a common genetic background. The lower frequency of ABCA3 mutations in the Missouri European and African-descent populations relative to the ESP database (3.6% vs 5.0% and 1.5% vs 3.9%, respectively), although not statistically significant, may reflect the variation of estimated mutation frequencies due to different sample sizes and/or differences in genetic admixture.

We did not find a statistically significant overrepresentation of ABCA3 mutations among African-descent infants with RDS, which may be due to our cohort being underpowered. However, because African-descent populations are genetically more diverse than European populations, it is noteworthy that the prevalence of ABCA3 mutations among African-descent individuals was lower than among European-descent individuals, both in the Missouri population (1.5% vs 3.6%) and the ESP database (3.9% vs 5.0%), suggesting possible selection against disruptive mutations in this gene. In addition, we relied on maternally designated race for the disease-based cohort and population samples and may be underestimating genetic admixture, especially among African-descent individuals.

Based on the frequency of ABCA3 mutations in the Missouri population and assuming recessive inheritance, we estimate the frequencies of ABCA3 deficiency at ~1 in 3100 European-descent individuals and 1 in 18 000 African-descent individuals, which predicts ~750 ABCA3-deficient individuals born annually in the United States. These frequencies are similar to cystic fibrosis (1 in 2500 European-descent infants and 1 in 15 000 African-descent infants). Although the true frequency of severe neonatal respiratory disease due to ABCA3 deficiency is unknown, <10 infants aged <1 year receive lung transplants each year in the United States for surfactant deficiency or neonatal-onset diseases. Thus, the phenotypes associated with ABCA3 deficiency may be unrecognized, may be lethal in utero, may not have pulmonary manifestations, or may present beyond the newborn period. The proportion of childhood or adult respiratory disease attributable to ABCA3 mutations is unknown.

Because we conservatively defined mutations, we may be misestimating the risk and frequency of disease attributable to single ABCA3 mutations. For example, although p.R1474W is predicted to be deleterious according to both SIFT and PolyPhen and has been detected in children with respiratory disease, its high carrier frequency (~1%) and similar frequencies among infants with and without RDS suggest lower penetrance than estimated by the prediction algorithms. Conversely, our stringent computational criteria and biological precedent for mutation selection may discount important functional mutations and underestimate genetic
contributions to respiratory disease. For example, p.R288K is predicted to be benign (tolerated) by both prediction algorithms and would not have been included in our analysis had it not been previously associated with pediatric respiratory disease. Its threefold to fourfold enrichment among the European-descent RDS infants suggests an important role in the genetic pathogenesis of RDS. In addition, some mutations predicted to be disruptive by computational algorithms may not impair protein function in vivo but may be protective or exhibit incomplete penetrance.

Functional studies of the >150 reported ABCA3 mutations in model systems are critical to understanding disease pathogenesis. Approximately 17 ABCA3 mutations have thus far been studied in vitro to determine the mechanisms that disrupt ABCA3 protein function or expression. Only 2 of these mutations were found in our study: p.R280C, which disrupts ABCA3 folding and trafficking, and p.E292V, which disrupts ATP hydrolysis and decreases phospholipid transport across the lamellar body membrane. Our combined genomic, computational, and disease-based variant discovery strategy permits further functional investigation, which is critical for understanding disease pathogenesis.

CONCLUSIONS

Although homozygous or compound heterozygous ABCA3 mutations are well-established causes of lethal neonatal RDS, our study identified that single ABCA3 mutations are over-represented among term and late preterm European-descent infants with RDS and account for ∼10.9% of the attributable risk for neonatal RDS. Although confounders may overestimate attributable risk, the high frequency of ABCA3 mutations among European-descent RDS term and late preterm infants suggests that these mutations account for a portion of disease heritability. Furthermore, ABCA3 mutations are collectively common in the general population, present in ∼4% of European- and African-descent individuals in the general population. Prospective evaluation of the predictive value of screening European-descent infants ≥34 weeks’ gestation for ABCA3 mutations might inform clinical assessment of genetic risk for RDS. Next generation, exome, or whole genome sequencing methods will permit more comprehensive genetic discovery of mutations that contribute to RDS heritability without the bias associated with a candidate gene approach.

ACKNOWLEDGMENTS

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Kailos Scientific makes reagents for creating libraries for next-generation sequencing; although these reagents were not used in this study, next-generation sequencing was performed. Dr Wambach, Mr Wegner, Ms DePass, Ms Heins, Dr Druley, Dr An, Dr Zhang, Dr Nogee, Dr Cole, and Dr Hamvas have no conflicts of interest to disclose.

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