Hemophagocytic Lymphohistiocytosis Masquerading as Child Abuse: Presentation of Three Cases and Review of Central Nervous System Findings in Hemophagocytic Lymphohistiocytosis

ABSTRACT. Hemophagocytic lymphohistiocytosis (HLH) is a rare disease resulting from abnormal proliferation of histiocytes in tissues and organs. Although the disease generally presents with systemic symptoms such as pancytopenia, coagulopathy, and organomegaly, HLH may also present with central nervous system (CNS) manifestations. CNS events can range from irritability to encephalopathy and coma. Retinal and intracranial hemorrhages are among the neuropathologic findings in these children. Patients who present with CNS findings may have symptoms that mimic those of inflicted injury. These children are at risk, therefore, for misdiagnosis as victims of child abuse. Such an error causes not only unnecessary additional trauma to the family but also, more important, a delay in initiating effective therapy. We present 3 cases of children with HLH who initially came to medical attention with neurologic findings, all suspected to be victims of child abuse. Subsequent laboratory evaluations, however, were consistent with the diagnosis of HLH. No additional evidence of child abuse was obtained, and the charges eventually were dropped. Two of the 3 children died from their disease shortly after presentation; the third is surviving with no evidence of HLH several months after allogeneic bone marrow transplantation. Although the diagnosis of child abuse certainly is too common, clinicians need to be diligent and informed to avoid assigning this label erroneously. Several laboratory findings of HLH may alert physicians to the possibility of this diagnosis. The timely diagnosis of and institution of therapy for HLH may reduce ultimate morbidity and mortality. Pediatrics 2003;111:e636~e640. URL: http://www.pediatrics.org/cgi/content/full/111/5/e636; child abuse, hemophagocytic lymphohistiocytosis.

ABBREVIATIONS. HLH, hemophagocytic lymphohistiocytosis; CNS, central nervous system; ED, emergency department; PT, prothrombin time; PTT, partial thromboplastin time; CT, computed tomography.

Hemophagocytic lymphohistiocytosis (HLH), a rare disorder primarily of childhood, typically presents with fever, hepatosplenomegaly, lymphadenopathy, and sometimes vague or dramatic central nervous system (CNS) dysfunction.

Supporting laboratory evidence includes cytopenias, elevated liver enzymes and hyperbilirubinemia, coagulopathy, hypertriglyceridemia, hyperferritinemia, and hypofibrinogenemia.1 When untreated, the disease is uniformly fatal. Optimal therapy consists of cytotoxic and immunosuppressive chemotherapy with the HLH-94 protocol.2 A bone marrow transplant, given a suitable donor, provides the greatest chance for a cure in very young children or in those with the familial form of HLH.

Although some cases are thought to be associated with virus infection, others manifest a familial inheritance pattern, and a large percentage of cases have no definable cause. Because of the relative rarity of the disorder as well as unfamiliarity on the part of physicians, the diagnosis can be elusive even with a classic presentation.

We report 3 cases of patients who received a diagnosis of HLH after an atypical presentation involving CNS events initially suspected to be evidence of child abuse. It is hoped that an increased awareness of HLH by primary care and emergency department (ED) physicians will lead to prompt initiation of proper therapy and avoidance of inappropriate accusations of child abuse.

CASE REPORTS

Case 1

A Vietnamese boy was born at 35 weeks' gestation to a 23-year-old Gravida 2 Para 1 mother by cesarean section performed because of preterm labor. The pregnancy was otherwise uncomplicated, and the child’s birth weight was 2926 g (6 lb 7 oz) with Apgar scores of 9/9. After a brief hospitalization to rule out sepsis (maternal group B streptococcus status unknown), the patient was discharged in good condition with the mother. The family history was remarkable for consanguinity of the maternal great-grandparents, a maternal uncle who died at 3 years of age in Vietnam of unexplained “internal bleeding,” and retinitis pigmentosa in the mother. The patient’s older sibling is healthy. On the 11th day of life, the infant began to refuse feedings and cry inconsolably. After several hours, the mother noticed that the infant was cold and blue, so he was rushed to a local hospital ED where he was found to have profound hypothermia and acidosis.

In the ED, the patient had a temperature of 89°F (32°C) and pH of 6.9. His weight had decreased to 2200 g. Laboratory test abnormalities, aside from acidosis, included a shortened prothrombin time (PT), prolonged partial thromboplastin time (PTT), and slightly elevated alanine aminotransferase (Table 1). He received appropriate resuscitation and was transferred to the neonatal intensive care unit. The patient developed seizure activity that was controlled with Phenobarbital and a sepsis evaluation was negative. A computed tomography (CT) scan of his head revealed moderate left-sided subdural hemorrhage with cerebral edema and mass shift (Fig 1). An electroencephalogram was likewise abnormal, consistent with diffuse encephalopathy. Ophthalmic...
had a coagulopathy (PT 22.9 seconds/PTT 146.5 seconds) and hepatosplenomegaly resulting in respiratory compromise. He also had a coagulopathy (PT 22.9 seconds/PTT 146.5 seconds) and malabsorption, the patient became febrile and was placed on antibiotics. Cultures of the blood and cerebrospinal fluid were negative. During the next 7 days the patient developed massive hepatic infiltrates. A bone marrow biopsy and aspirate revealed hemophagocytosis confirming diagnosis of HLH. The patient was treated on the HLH-94 protocol with dexamethasone, VP-16, and cyclosporine and improved dramatically over the next several weeks. Approximately 6 months after diagnosis, he underwent a bone marrow transplant and is cured of the HLH.

The composite findings of subdural hemorrhage, failure to thrive, and retinal hemorrhages resulted in the diagnosis of shaken infant syndrome. The patient and his older sibling were transferred to a tertiary medical center, where bilateral retinal hemorrhages and the chest ecchymoses were noted. Throughout the medical records were comments that the brain and eye findings were the result of inflicted injury. He had no lymphadenopathy or enlargement of the liver or spleen. In the tertiary medical center, laboratory evaluations showed anemia hemoglobin of 8.8 g/dL (80 g/L), normal white blood cell count (9000/μL), and platelet count (544 000/μL), but elevated liver function tests alanine aminotransferase 363 U/L (6.1 μkat/L), aspartate aminotransferase 414 U/L (6.9 μkat/L), lactate dehydrogenase 1305 U/L (21.7 μkat/L), PT (20 seconds), PTT (46 seconds), and elevated triglycerides of 194 mg/dL (2.2 mmol/L). He had a craniotomy to remove apparent seizures. A head CT showed a subdural and intra-parietal hemorrhage with no skull fracture and a unilateral enlarged pupil. Radiologic examinations of the abdomen and skeleton revealed no intra-abdominal trauma or fractures. He was transferred to a tertiary medical center, where bilateral retinal hemorrhages and the chest ecchymoses were noted. Throughout the medical records were comments that the brain and eye findings were the result of inflicted injury. He had no lymphadenopathy or enlargement of the liver or spleen. In the tertiary medical center, laboratory evaluations showed anemia hemoglobin of 8.8 g/dL (80 g/L), normal white blood cell count (9000/μL), and platelet count (544 000/μL), but elevated liver function tests alanine aminotransferase 363 U/L (6.1 μkat/L), aspartate aminotransferase 414 U/L (6.9 μkat/L), lactate dehydrogenase 1305 U/L (21.7 μkat/L), PT (20 seconds), PTT (46 seconds), and elevated triglycerides of 194 mg/dL (2.2 mmol/L). He had a craniotomy to evacuate the subdural bleed and vigorous support with transfused red cells, platelets, fresh-frozen plasma, and ventilatory assistance. Despite these interventions, he died ~36 hours after presenting to the community hospital.

An autopsy showed focal hemophagocytic histiocytic infiltrate consistent with HLH in the leptomeninges and the subdural hemorrhage (Fig 2A). Within the bilateral retinal hemorrhages and periocular sclera were hemophagocytic histiocytes (Fig 2B). The bone marrow, lymph nodes, and spleen did not have lymphohistiocytic infiltrates. There was no family history of consanguinity or possible HLH.

**Fig 1.** CT of brain without contrast. Extra-axial hemorrhage of the left temporal, frontal, occipital, and parietal regions. Diffuse subarachnoid hemorrhage in the basilar cisterns and along the tentorial sinus. The brain and eye findings were the result of inflicted injury. He had no lymphadenopathy or enlargement of the liver or spleen. In the tertiary medical center, laboratory evaluations showed anemia hemoglobin of 8.8 g/dL (80 g/L), normal white blood cell count (9000/μL), and platelet count (544 000/μL), but elevated liver function tests alanine aminotransferase 363 U/L (6.1 μkat/L), aspartate aminotransferase 414 U/L (6.9 μkat/L), lactate dehydrogenase 1305 U/L (21.7 μkat/L), PT (20 seconds), PTT (46 seconds), and elevated triglycerides of 194 mg/dL (2.2 mmol/L). He had a craniotomy to evacuate the subdural bleed and vigorous support with transfused red cells, platelets, fresh-frozen plasma, and ventilatory assistance. Despite these interventions, he died ~36 hours after presenting to the community hospital.

**Case 2**

A 4-month-old white boy had a 2-day history of fussiness, difficulty sleeping, a small amount of bleeding from his nares, and an ecchymoses on his chest (possibly from mild trauma by a sibling). On the evening before his death, the child fed poorly, had a fever of 100.6°F, and had a high-pitched cry. He was found pale, yellow, and cold by his mother and taken to a community hospital with apparent seizures. A head CT showed a subdural and infra-parenchymal bleeding with no skull fracture and a unilateral enlarged pupil. Radiologic examinations of the abdomen and skeleton revealed no intra-abdominal trauma or fractures. He was transferred to a tertiary medical center, where bilateral retinal hemorrhages and the chest ecchymoses were noted. Throughout the medical records were comments that the brain and eye findings were the result of inflicted injury. He had no lymphadenopathy or enlargement of the liver or spleen. In the tertiary medical center, laboratory evaluations showed anemia hemoglobin of 8.8 g/dL (80 g/L), normal white blood cell count (9000/μL), and platelet count (544 000/μL), but elevated liver function tests alanine aminotransferase 363 U/L (6.1 μkat/L), aspartate aminotransferase 414 U/L (6.9 μkat/L), lactate dehydrogenase 1305 U/L (21.7 μkat/L), PT (20 seconds), PTT (46 seconds), and elevated triglycerides of 194 mg/dL (2.2 mmol/L). He had a craniotomy to evacuate the subdural bleed and vigorous support with transfused red cells, platelets, fresh-frozen plasma, and ventilatory assistance. Despite these interventions, he died ~36 hours after presenting to the community hospital.

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**TABLE 1.** Summary of Clinical and Laboratory Findings

<table>
<thead>
<tr>
<th>Laboratory Data (Normal Values)</th>
<th>Case 1 Initial</th>
<th>Case 1 HLH Diagnosis (3 Months Later)</th>
<th>Case 2</th>
<th>Case 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Seizure</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Retinal hemorrhages</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Intracranial hemorrhage</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Brain edema</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hepatosplenomegaly</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Abnormal skeletal findings</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hemophagocytosis</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>WBC (5–19.5 × 10⁹/μL)</td>
<td>16.1</td>
<td>5.21</td>
<td>16.6</td>
<td>6.19</td>
</tr>
<tr>
<td>ANC (1–8.5 × 10⁹/μL)</td>
<td>9.36</td>
<td>0.250</td>
<td>10.9</td>
<td>2.17</td>
</tr>
<tr>
<td>Platelets (150–450 × 10⁹/μL)</td>
<td>246</td>
<td>27</td>
<td>544</td>
<td>51</td>
</tr>
<tr>
<td>Hemoglobin (9.5–14.1 gm/dL)</td>
<td>11.6</td>
<td>9</td>
<td>7.3</td>
<td>12.5</td>
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<tr>
<td>Ferritin (20–236 ng/mL)</td>
<td>ND</td>
<td>19 923</td>
<td>ND</td>
<td>20 286</td>
</tr>
<tr>
<td>Triglycerides (20–150 mg/dL)</td>
<td>105</td>
<td>136</td>
<td>194</td>
<td>66</td>
</tr>
<tr>
<td>PT/PTT (10.5–14.5/21–34 s)</td>
<td>9.3/39.8</td>
<td>22.9/146</td>
<td>22/46</td>
<td>16/81</td>
</tr>
<tr>
<td>AST (20–60 U/L)</td>
<td>ND</td>
<td>363</td>
<td>363</td>
<td>719</td>
</tr>
<tr>
<td>ALT (6–50 U/L)</td>
<td>54</td>
<td>377</td>
<td>414</td>
<td>161</td>
</tr>
<tr>
<td>Bilirubin (mg/dL; unconjugated/conjugated; &lt;0.35/&lt;1.0)</td>
<td>0/9.4</td>
<td>1.6/0</td>
<td>0.6/1.3</td>
<td></td>
</tr>
</tbody>
</table>

WBC indicates white blood cells; ANC, absolute neutrophil count; AST, aspartate aminotransferase; ALT, alanine aminotransferase; ND, not done.
Case 3
A 7-week-old male Nigerian infant was found unresponsive and asystolic in his child care center. The emergency medical service resuscitated him but noted that the pupils were fixed and dilated and his liver was 3 cm below the costal margin. On arrival at the Texas Children’s Hospital ED, his pH was 7.12 and he had a platelet count of 51,000/μL, a prolonged PTT, and elevated liver enzymes (Table 1). A noncontrast brain CT showed no hemorrhage or skull fracture, but hypodense areas of both posterior temporal and parietal lobes were indeterminate for infarct or edema versus white matter immaturity. A skeletal survey demonstrated periosteal new bone of the left humeral midshaft and mild cortical irregularity of the left medial tibial cortex for which a traumatic cause could not be excluded (Fig 3). Periosteal new bone formation of the medial right tibia seemed to be physiologic. Ventilatory support, fluid resuscitation, transfusions of hemoglobin and platelets, plus infusions of fresh-frozen plasma corrected some of these abnormalities. The patient had multiple seizures. Repeat noncontrast brain CT performed 2 days after admission revealed severe brain edema without herniation or bleed and extensive areas of hypodensity in the deep gray nuclei. Because of the suspicion of HLH, a serum ferritin was drawn and found to be 20,286 ng/mL. A bone marrow aspirate was diagnostic of HLH, and treatment was initiated with dexamethasone and VP-16 after obtaining informed consent from the parents. No family history of consanguinity or possible HLH was determined. Unfortunately, this child’s neurologic condition continued to deteriorate and the parents agreed to withdrawal of life support. Permission for a postmortem examination was declined.

DISCUSSION
The preceding case reports illustrate that HLH can present with symptoms similar to child abuse and that clinicians may have significant difficulty diagnosing HLH, especially when the presentation is atypical. In the first 2 cases, an older sibling was removed from parental custody because of the suspicion of abuse, causing additional stress and trauma for the family. Although not always part of the classic presentation for HLH, CNS events have been previously described by numerous authors as occurring in 20% to 100% of HLH patients.3–5 Patients may present with primarily CNS findings and be treated for presumed infectious encephalitis before the correct diagnosis is made.6 Those with meningeal symptoms receive a diagnosis, on the average, in the first 7 months of life, and those with other neurologic symptoms receive a diagnosis by 16 months of life. Reported CNS symptoms include hypo- or hypertonia, opisthotonus, irregularities of heart rate or respirations, seizures, ataxia, cranial nerve findings, and other nonspecific signs of raised intracranial pressure.3 Frequently described radiologic manifestations include abnormal leptomeningeal enhancement, focal necrosis with parenchymal volume loss, and atrophy.4,5 The leptomeninges are infiltrated by lymphocytes and histiocytes, associated with a sterile CSF lymphocytosis and elevated protein levels.4 With more extensive involvement, the perivascular spaces are infiltrated with astrocytic and microglial cell proliferation affecting the white matter most extensively. Areas of necrosis and focal or diffuse demyelination may follow. Henter and Nennesmo’s4 report of 23 patients revealed focal hemorrhage in the leptomeninges of 1 patient and of the basal ganglia in another. Although Haddad et al5 did not specifically describe hemorrhages in their patients, 2 were found to have subdural space dilation. The unenhanced CT (Fig 2A) of the Haddad paper showed a subdural effusion that had similar imaging characteristics of the hemorrhage seen in our patient.

Fig 2. A, Wright-Geimsa-stained section of the subdural hemorrhage in patient 2 with many CD68 positive (brown) macrophages present. B, Higher power view of a CD68-positive macrophage from the retinal hemorrhage demonstrating hemophagocytosis.
son10 described a case of a teenage boy who pre-

tures in other patients.7

eropic nerve, iris, choroids, and perivascular struc-
tions of lymphocytes and macrophages. The hem-
rorrhages were facilitated by the coagulopathy man-
ifested by the prolonged PTTs in all 3 patients. Striking elevation of the PTT was present in all 3 patients on initial presentation. Two had markedly elevated liver enzymes (patients 2 and 3). One patient was anemic and another was thrombocy-
topenic. It is known that patients with severe brain


Pediatrics.

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symptoms in 23 children with hemophagocytic lymphohistiocytosis.

Pediatrics. 1997;130:358–365


Fig 3. The left humerus has periosteal new bone formation, not
typical of a physiologic reaction, and trauma was suspected ac-
cording to the radiology report. Anteroposterior films of the tibia
show an irregularity of the medial cortex on the left suspicious for
traumatic reaction and periosteal new bone formation on the
medial aspect of the right tibia (arrows).

1 (Fig 1). Cases 1 and 2 in our report probably rep-
resent the extreme result of tissue necrosis and blood
vessel destruction caused by the perivascular infil-
trations of lymphocytes and macrophages. The hem-
rorrhages were facilitated by the coagulopathy man-
ifested by the prolonged PTTs in all 3 patients.

Ocular findings, prominent in our first and second
cases, have also been described.7–11 Liao and Thomp-
son10 described a case of a teenage boy who pre-
sented with fever and visual disturbances. On exam-
nation, he was found to have scattered flame
hemorrhages, which subsequently resolved as the
patient was treated for HLH. Autopsy evaluations
have identified lymphohistiocytic infiltration of the
optic nerve, iris, choroids, and perivascular struc-
tures in other patients.7–9 Retinal hemorrhages, often
considered 1 of the hallmarks of shaken infant syn-
drome, were misleading in the cases presented here.
Our first patient presented with several findings
characteristic of abuse but were most likely from
CNS HLH. The child protective services department
cleared the family of the abuse charges after a thor-
ough investigation and realization of the HLH diag-
nosis as well as the fact that the child continued to
require hospitalization for symptoms (diarrhea) that
could not be linked to abuse. Thus, the weight of
evidence greatly diminishes the probability that this
was shaken infant syndrome in addition to HLH.

The third case presents a picture of HLH that often
creates suspicion as an abuse case in pediatric EDs,
with the sudden lack of responsiveness and subse-
quent asystole in an otherwise healthy child. Given
the nonspecific periosteal elevation of the humerus
and cortical irregularity of the tibia, nonaccidental
trauma could not be excluded. A possible explana-
tion in this case, however, is periosteal elevation as a
result of marrow infiltration. Had the treating phy-
sicians not been aware of HLH and appropriately
explored it as an alternative explanation for the
child’s condition, the family or child care center may
well have had to face a murder charge.

Hepatosplenomegaly in 2 of the cases and abnormal
laboratory findings in all 3 at the time of presenta-
tion could have alerted clinicians to an underlying systemic
illness (see Table 1). Striking elevation of the PTT was
present in all 3 patients on initial presentation. Two had
markedly elevated liver enzymes (patients 2 and 3).

One might suspect a coincident viral infection in some
instances of cytophenias. However, the constellation of
hepatosplenomegaly, CNS abnormalities, and the
above noted laboratory findings should alert a clinician
to the possibility that HLH could be the correct diag-
nosis.

It is imperative that clinicians be aware of HLH in
all of its manifestations because HLH can be con-
fused with other diagnoses besides child abuse, in-
cluding hepatitis, fever of unknown origin, and sepsis.13
Screening for HLH with a complete blood
count, liver function tests, triglyceride level, and se-
rum ferritin levels as well as possibly bone marrow
aspiration and biopsy can be accomplished in a rel-
atively easy and expedient manner, even in a criti-
cally ill child. The infiltrating features of CNS lesions
in HLH are easily seen by T2-weighted or fluid-
attenuated inversion recovery MRI images and thus
can further differentiate HLH from child abuse. Sub-
sequent institution of appropriate therapy can be life
saving. Although child abuse is unfortunately a more
common entity than HLH, the false accusation of this
can be devastating for a family. Heightened clinical
awareness and basic laboratory evaluations may
help prevent such an error when HLH is the cause of
unusual CNS abnormalities in young children.
nervous system lesions in hemophagocytic lymphohistiocytosis. Blood. 1997;89:794–800
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